

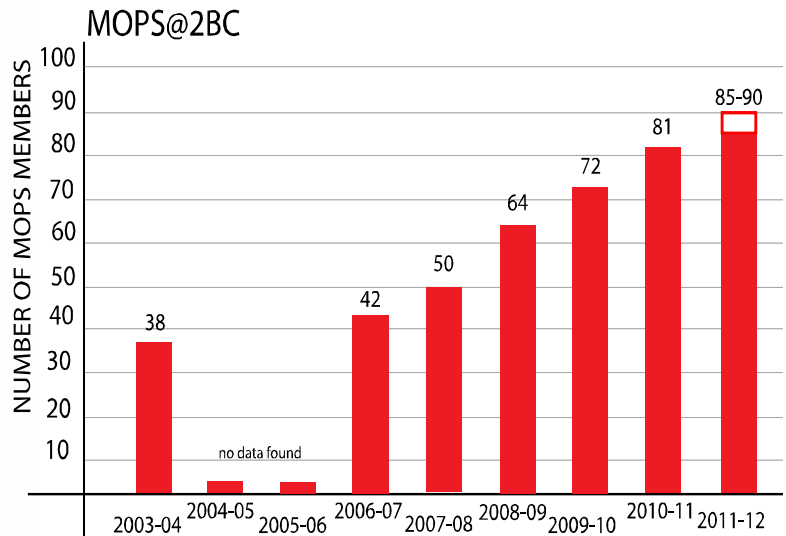


**WHAT IS MOPS (MOTHERS OF PRESCHOOLERS)?**

MOPS is a group that strives to meet the needs of every mom with children from birth through kindergarten. MOPS recognizes that urban, suburban, and rural moms, stay-at-home and working moms, teen, single, and married moms all share a similar desire to be the very best moms they can be. Our MOPS group can help!

During each meeting, we have brunch, opening prayer, discussion time, a speaker on a “mom” subject (nutritionists, organizers, pediatricians, child development specialists, etc.), we pray as a group over current prayer requests, we complete a simple project and spend time getting to know one another. It is a packed, yet blessed, two hours. Outside of our monthly MOPS meetings, we have informal playdates, family events, dinners out for moms, and lots of other fun times. Our goal is to help make Liberty a community for moms to find support and friendship. It is always with God as our guide and our focus.

To join MOPS or volunteer contact  
 Kristin Wooldridge  
 kwooldri3@gmail.com



[2bcliberty.org/mops](http://2bcliberty.org/mops)





## MOPS 2011-12 EMPHASIS

**MomSense: Bold • Loving • Sensible** – equips moms to embrace their mothering instincts and develop their own parenting style while navigating through the myriad daily mom decisions.

Developing a mothering strategy is somewhat like playing a game—and this year’s theme is appropriately game related. Have fun being a mom! Playing games involves being bold and taking risks, loving those in the game with us and being sensible while figuring out what works and what doesn’t.

Just as in real-life, sometimes in games, unexpected, “chance” events occur, abruptly changing our paths. We must regroup and determine our next steps. Sometimes we follow the instructions of “experts.” Sometimes we follow the advice of trusted friends. Sometimes we decide our “house rules” work best for our family. Teaming together with other moms is a great strategy. Relying on a spouse or mentor can help us play more effectively. And, most of all, developing a strong God-Sense is essential for mothering. Growing as a mom

through the analogy of game playing assures every mom gains confidence in her abilities as a mom. Combining her mom intuition and her common sense helps a woman discover her own unique **MomSense**.

**(Mom Intuition + Common Sense = MomSense)**

The spiritual foundation of the theme is from 2 Timothy 1:7: “God doesn’t want us to be shy with his gifts, but bold and loving and sensible (The Message).”



### SERVING IN OUR MOPS MINISTRY

During our MOPS meetings, our congregation provides two important roles for our MOPS ministry: childcare for the moms, called MOPPETS, and Mentor Moms who attend the meetings and provide support and encouragement for the MOPS moms.

#### MOPPETS

Each month on the second Friday, we need 18 caregivers to support the children coming to MOPS. We need your help in a BIG way! Please consider helping develop and care for these children.

2BC member, Jennifer Dilts, is looking for more caregivers. If you would like to help but can’t volunteer your time, we can pay you for your time. We only meet eight times a year with childcare needs. For some of our moms, these two-hour meetings are the only break and warm meal where they get to sit, enjoy,

and “fill their cup.” We cover so much ground during our meetings, and we always are thankful for our caregivers who step in as we pause for a moment.

#### MENTOR MOMS

Mentor Moms are 2BC moms with older children or even grown children who attend meetings and support and encourage the MOPS members. They encourage the MOPS women by being a listening ear, a caring voice, a creative resource, and offer Godly advice.

Ask a MOPS Mentor Mom how to get involved. Current Mentor Moms: Carroll Makemson, Lead Mentor Mom; Clara Howerton, Marilyn Lindsey, Mary Margaret Oberkrom, Loretta Hughes, Phyllis Chatlos, Esther Lindgren, Kathy Mullennix, Gwen Phillips, Karin Yohe, Gerry Walther, June Seat, Sue Wright.